



The Looking Tree

Love lives here, Love flows from here...

June 2023

Hello Members and Friends of Head of Christiana,



“Re-marks” from Pastor Mark...

Greetings in this season of renewal. The Spring flowers have started to fade, the trees have ensconced us with their pollen and summer flowers are popping up out of the ground. May and June are two of my favorite months. As I sit in my office at Head of Christiana watching the wind move the leaves of the red maple out front, it has made me think about Pentecost and the Holy Spirit. On Sunday May 28 we celebrate Pentecost. Acts 2:1-4 Luke tells us that the disciples “*were all together in one place. And suddenly from heaven*

Pastor Mark Douyard

there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit...”

While we may not have experienced the coming of the Holy Spirit as the Apostles did, we are connected to the Holy Spirit in our baptism. We often need to be reminded that the Holy Spirit is with us 24/7. Every once in a while, particularly when things get hectic, as they often do these days, we need to pause, take a deep, mindful breath, and recognize the presence of the Holy Spirit. This can be a calming and refreshing moment. In our Sunday morning study group we have been reading *Sabbath: Finding Rest, Renewal and Delight In Our Busy Lives* by Wayne Muller.

As I write this on May 8, we have only covered the first two sections of the book, but already we have learned the importance of rest and taking time, even if only for a moment each day to pause and recognize the presence of the Spirit, of God, in our lives. Muller talks about a Buddhist community where a monk “*periodically rings a Mindfulness Bell. Upon hearing the bell, everyone stops, and takes three silent, mindful breaths.*” They then are free to get back to whatever they are doing.

Muller suggests that we too can choose to stop and create a mindfulness moment, a Sabbath pause if you will. Choose a common activity – touching a doorknob, opening the car door, closing the car door – the list could be endless. Choose one activity and when it happens, pause, take three silent, deep, mindful breaths and then go on with your day. See if taking a Sabbath moment and recognizing the presence of the Holy Spirit makes a difference in your life this month.

Blessings and Peace,

Pastor Mark

HoC HAPPENINGS



News from Care & Fellowship



Upcoming Events hosted by C/F

Spring Movie Night

June 2nd at 5pm (gather at 5pm, fill your plates and be ready for the movie to begin at 5:30pm)

Bring a snack/appetizer to share.

We will be watching "A Man Called Otto."

~ ~ ~

June 18th—Father's Day Coffee Hour

Please join us for these special events and enjoy good food and good fellowship.

HoC HAPPENINGS

**Save
the
Date**

CONCERT UNDER THE TREES

Mark your calendars now...

**Wednesday, July 12th at 7:00pm is
the date of our summer concert.**

**Please bring a lawn chair or blanket
to sit on so you're comfortable.**

And bring family & friends too!!!



CRAFTING TO-GATHER

at HoC

Come enjoy crafting with us on
Saturday, June 24th from
10am to 12 noon.



HoC HAPPENINGS



Congratulations to our HoC family graduates listed below.

Samuel R. Davis — Grandson of Rosi White, graduated from Colorado State on May 12th with a PhD in Philosophy. “I am very proud of him!”

Charlotte Condliffe — Daughter of Simon and Becky and sister of Abigail, graduated from West Chester University on Sunday, May 14th. She received a Bachelor of Science degree in Integrative Biology with a Minor in Music Performance. During her time at WCU, Charlotte enjoyed playing trumpet for the Incomparable Marching Band as well as their Trumpet Ensemble. Charlotte has been offered admission to the graduate program at the University of Delaware's Bioinformatics and Computation Biology department but is also considering various employment options.

Tracy Graham Headley — Daughter of Steve and Kathy Graham graduated from The University of Alabama with a Master of Science degree in Human Nutrition on December 10, 2022. She is employed at Christiana Care as a Senior Registered Dietitian.

Andre Gill — Grandson of Sonia Combs, graduated from the Newark Charter School on May 21st. He will be majoring in Marine Science at the University of Delaware in the fall.

James Paul Heid — Grandson of Claire and Jim Herrington, graduated from the University of Delaware.



Delicious Raspberry Oatmeal Cookie Bars (Barb Bayers)



Ingredients

½ cup packed brown sugar	1 cup rolled oats
1 cup all-purpose flour	½ cup butter, softened
¼ teaspoon baking soda	¾ cup seedless raspberry jam
1/8 teaspoon salt	

Directions

Preheat oven to 350 degrees. Grease one 8-inch square pan and line with greased foil.

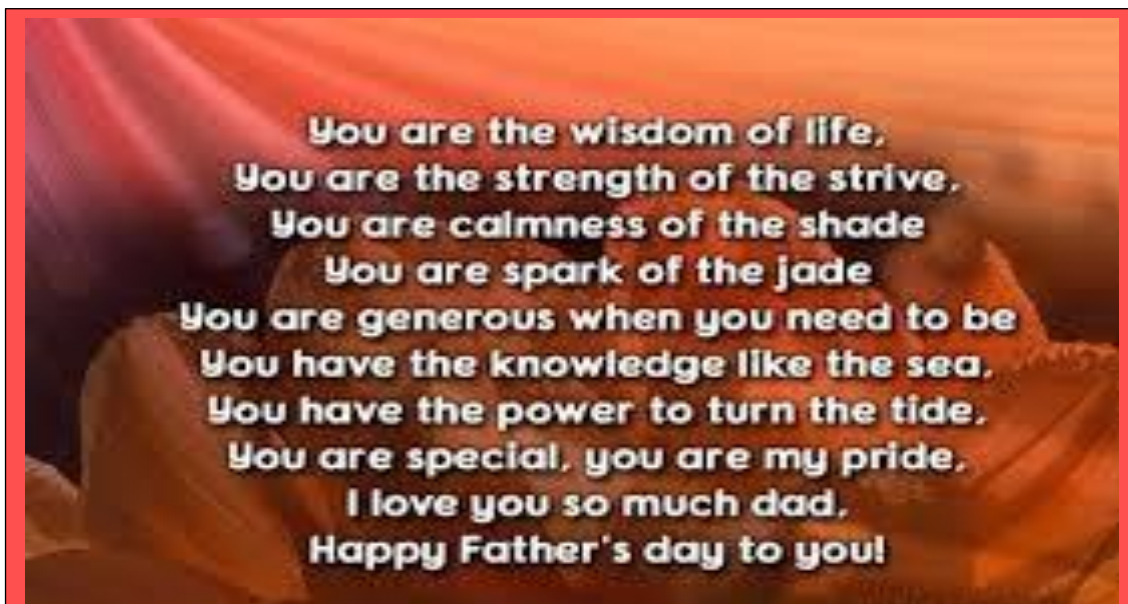
Combine brown sugar, flour, baking soda, salt, and rolled oats. Rub in the butter using your hands (use gloves!) or a pastry blender to form a crumbly mixture. Press 2 cups of the mixture into the bottom of the prepared pan. Spread the jam to within ¼ inch of the edge. Sprinkle the remaining crumb mixture over the top and lightly press it into the jam.

Bake for 35-40 minutes in preheated oven or until lightly browned. Allow to cool before cutting into bars. Yield: about 9 bars.

Thanks to Pastor Mark's wife, Barbara, for sharing this wonderful recipe.

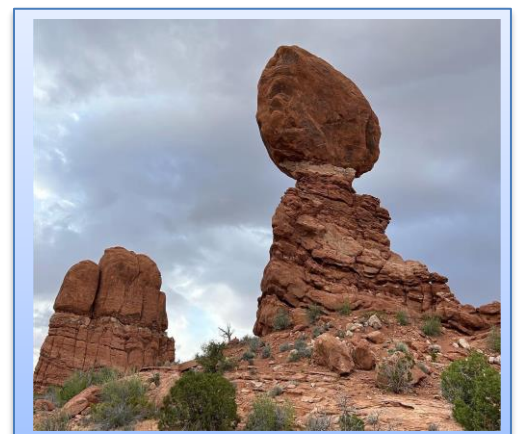
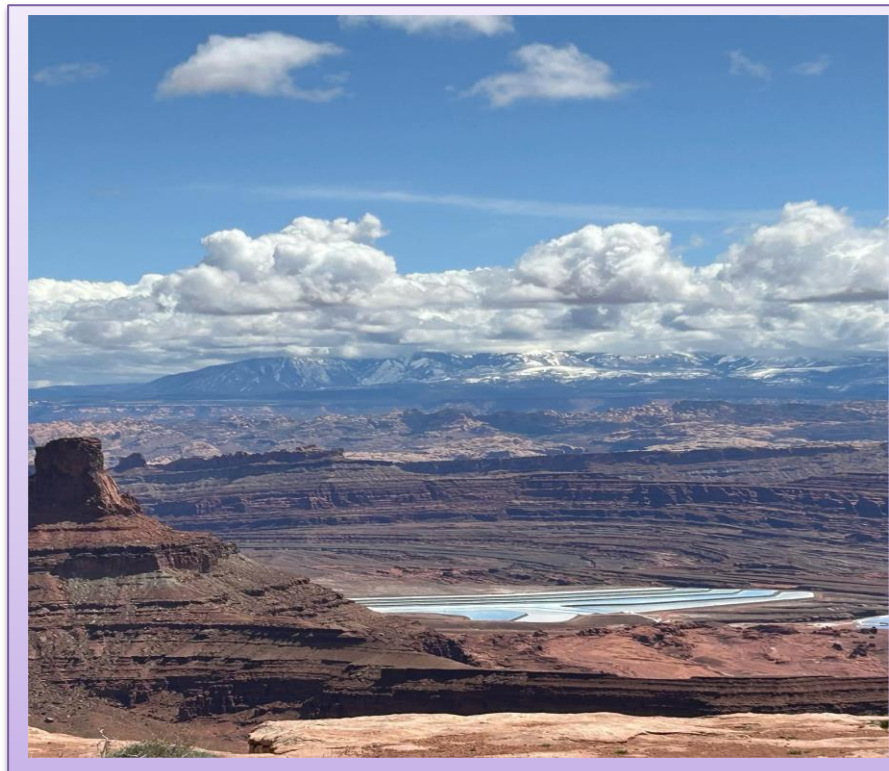
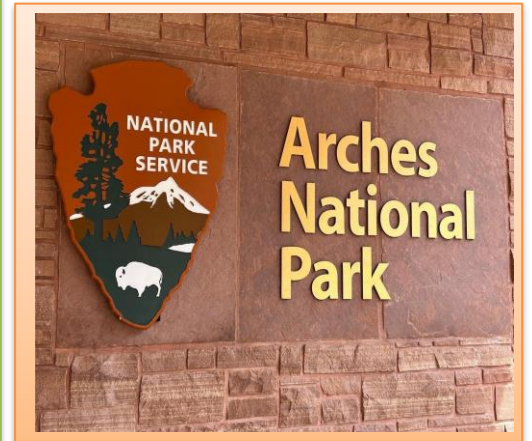
I made them for my Sunday school class and got rave reviews...there were no leftovers!

Thanks Barb!



SCENES FROM HILARY'S TRAVELS

Hiking through Utah's "Mighty Five" national parks:
Canyonland, Arches, Capitol Reef, Bryce Canyon and Zion.



SCENES FROM HILARY'S TRAVELS



At last...
The Grand
Canyon!

SCENES FROM HILARY'S TRAVELS



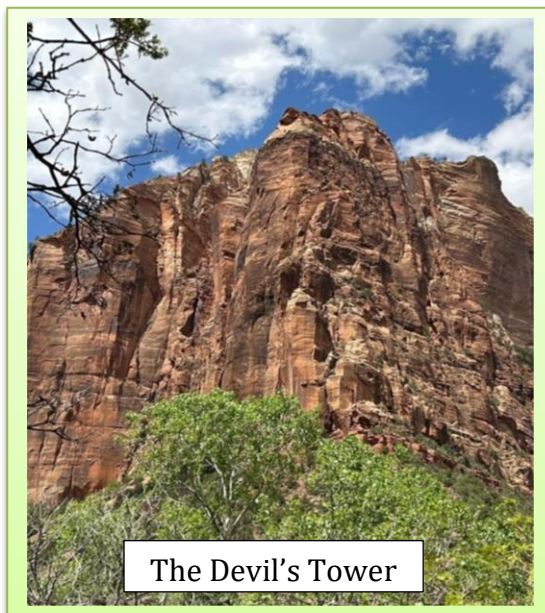
Grand Canyon at sunset.



Crown of Thorns cactus.



What's a trip
out west
without a Wild
West Show?!



Posing with Native Americans after their show.

Word Search Puzzle

W H M Z A L K R S G U B E C H T Q I
 F T U L Y I J B E P Q N O P A S D X
 S J N I B O R H L V M C S U T L E K
 P E D W G X E K J O A Z R M C Q F B
 R C Y Q U S A V N T S I E K H R O L
 O L A M B F D T E U P S W G X T J E
 U N P H Y G Z R L K D H O V C E N R
 T B E J D W P Q I S G X L M F P A U
 V M Z C A I K D H B N U F S E B R T
 D K Y T L X G O R F P E J Q B W O A
 E P G L E B S U A M O C H I C K S N
 B N A R F Y O J T H Z M T D L I P G
 G R K E N R T S N A I L Q W U S R V
 A D O N P H E M B J S T C E S N I F
 K W U F I N L T Q E R M E A Y O N D
 I B S E C K F X T D V J R H P A G Z
 N E D R A G M W K U L G S O R C L E
 H Z M T U L I P V E B A D Y W F X J

BIRDS	CALF	GARDEN	LAMB	SNAIL
BLOSSOM	CATERPILLAR	GRASS	NATURE	SPRING
BUGS	CHICKS	HATCH	NEST	SPROUT
BUNNY	FLOWERS	INSECTS	RABBIT	TULIP
BUTTERFLY	FROG	LADYBUG	ROBIN	WORM

HOC CALENDAR — June Happenings



Friday	June	02	5:00pm	Movie Night in Fellowship Hall
Saturday	June	03	12-2:00pm	M & O Meet & Greet w/Cemetery Assoc.
Sunday	June	04	RECOGNITION SUNDAY	
Tuesday	June	06	11:30am	Nifty-Wiftys @ Wesley's
Wednesday	June	07	2:00pm	Care & Fellowship in Fellowship Hall
Tuesday	June	13	Looking Tree Deadline	
Sunday	June	18	HAPPY FATHER'S DAY	
Monday	June	19	7:00pm	Admin & Finance (via Zoom)
Wed	June	21	FIRST DAY OF SUMMER	
Saturday	June	24	10-12pm	Crafting To-Gather

*Be there for others,
but never leave
yourself behind!*



JUNE BIRTHDAYS



June 1	Sallie Christian	June 25	Elisabeth Gallaher
June 3	Carol Cole	June 25	Al Harper
June 7	Jim Herrington	June 29	Mary Lou Oakes
June 19	Sarabeth Gillespie		

