

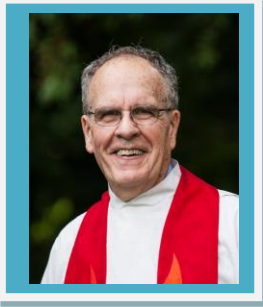


The Looking Tree

Love lives here, Love flows from here...

May 2016

Hello Members and Friends of Head of Christiana,



Here comes Pentecost! Sunday, May 15th, we celebrate the coming of the Holy Spirit, empowering disciples to move out into the world, sharing the good news of peace with justice and love. Red is the Pentecost color, symbolizing the energy and fire of the Holy Spirit. Yes, wear something red on Pentecost. Bring a geranium plant or two to display in the sanctuary and then to be planted in our church gardens. Read about the first Pentecost in the Bible, Acts chapter 2. Be astonished. The entire book of Acts may be called the "Acts of the Holy Spirit."

The Holy Spirit creates New Life. The following paragraphs from our Presbyterian **Confession of 1967** describe this New Life.

The new life takes shape in a community in which people know that God loves and accepts them in spite of what they are. They therefore accept themselves and love others, knowing that no one has any ground on which to stand, except God's grace.

The new life does not release people from conflict with unbelief, pride, lust and fear. They still have to struggle with disheartening difficulties and problems. Nevertheless, as they mature in love and faithfulness in their life with Christ, they live in freedom and good cheer, bearing witness on good days and evil days, confident that the new life is pleasing to God and helpful to others.

The new life finds its direction in the life of Jesus, his deeds and words, his struggles.

The members of the church are emissaries of peace and seek the good of all in cooperation with powers and authorities in politics, culture, and economics. But they have to fight against pretensions and injustices when these same powers endanger human welfare. Their strength is in their confidence that God's purpose rather than human schemes will finally prevail.

Here is a prayer to be breathed on Pentecost, and the days following:

***Open my life, loving God, to fresh winds of Holy Spirit,
and may those freshening breezes flow through me to others.
Amen.***

Grace to you, and peace –

Bob

On Thursday, March 22nd, twenty-one people attended a CPR course taught by Paul Elvey from Beacon Safety.

It was a great class, and I think everyone left feeling more confident about their ability to perform CPR should the need arise.

If you could not make this class, but are still interested in taking a course, please email or call Nancy in the church office (nancy.hoc@verizon.net or 302.731.4169). Eight people are needed to form another class so if there are enough people interested, we can make the necessary arrangements to provide another class in the future. It is well worth your time!



For those WHO ATTENDED the CPR CLASS... Pat Undercuffler

During coffee hour, we can check out the new defibrillator and how it works. I will have the following on a card for you to carry in your wallet. Many thanks to Jeannie who helped think through this process.

Before beginning CPR...

- * Check for response with a sternum rub and assess the situation to make sure the scene is safe.
- * If no response, call 9-1-1 or direct a specific individual to call —stay on the line with dispatcher; put phone nearby so the dispatcher can hear what is going on.
- * For a child, 5 cycles of 30 compressions need to be done first; then call 9-1-1.

BEGIN COMPRESSIONS...

- ⇒ Infant to 4-years: Compress 1 inch with two fingers
 - ⇒ 1-to 12 year old child: Compress 2 inches with heel of hand
 - ⇒ 12 years to adult: Compress 2 inches (person on the floor) with two hands
 - ⇒ Perform 3 sets of 10 compressions (100 compressions/minute making sure to allow chest to recoil between compressions
 - ⇒ Stop and do a 3-second check
 - ⇒ Repeat for 5 cycles, scoop out mouth
- If other people are around who can perform CPR, do no more than two minutes of CPR per person.



DOWNTON ABBEY TEA

Debbie Harper and Jane Murray

SUNDAY, MAY 15, 2016

Please join us at a "Downton Abbey" tea, hosted by Debbie Harper and Jane Murray on Sunday, May 15th after worship.

There will be a selection of traditional British tea goodies, as well as a selection of different tea.

Debbie will also talk about the costumes used on the show that were displayed at Winterthur. She will use a PowerPoint presentation illustrated with scenes from the exhibition, details about the costumes, and characters from the show. Highlights will explain how the exhibition originated, the costumes themselves and behind-the-scenes of using historic costumes in film.

All you Downton Abbey fans will really enjoy this!



LARGE-PRINT BIBLES for HoC

NEW, LARGE-PRINT BIBLES for our pews have been urged by the Worship Commission and authorized by the Session. The Bibles will be the New Revised Standard Version (NRSV). During the past months, we have occasionally included responsive readings from the Psalms, and many have expressed appreciation for that opportunity. However, a common reaction is, “*The print is too small.*” Some have said that they would like to follow along in the pew Bible as the scripture lessons are read; however, “*the print is too small.*” So we have ordered 100 large-print Bibles. The cost for each Bible is \$25, which includes imprinting each with “Head of Christiana Church.” This is an excellent opportunity to Honor and Memorialize loved ones or friends on a bookplate fixed on the inside cover.



Please use the Order Form located on page 4 to have one (or more) placed “In Honor of” or “In Memory of” a special someone, and place it in the offering plate, or give it to David Price or a member of the Worship Commission. Order forms are also available in the Narthex. Make your checks payable to Head of Christiana Church and note on the memo line that it’s for “Bible.” Thank you.

POTLUCK COFFEE HOURS

Jeanne Walter-Hastings

Care and Fellowship is taking a vacation from coffee hours for the summer. For the months of June, July and August, coffee hours are going to be “pot luck”. That means if you would like to bring something to share for coffee hour, please bring it—cookies, a cake, cut up cheese and crackers, fruit, whatever you desire—and put it out on the serving table. It can be left in the box it comes in or in your own container—no muss, no fuss. Whatever is brought will be enjoyed. And at the end of coffee hour, if something you brought is leftover, you take it back home. If C/F members are in attendance, they will put out the plates and napkins and make the coffee, but if not, anyone can do those things. Paper goods are in the cupboard next to the stove and coffee is in the refrigerator with coffee making directions posted on the wall by the stove. At the end of the summer, C/F will reevaluate coffee hours and determine how they want to proceed.



A few people/groups had already signed up for coffee hours before C/F made this decision so on the following Sundays, you don’t need to bring anything.

- June 5** ⇒ Farewell Coffee Hour for Meghan Magnus
- June 12** ⇒ Kay Brook
- June 19** ⇒ Father’s Day—Care and Fellowship
- July 10** ⇒ HoC youth as culmination of Bible School

SPRING CLEAN-UP DAY

Saturday, May 7th is Spring Clean-up Day at HoC. We will be meeting at the church at 8am. The Girl Scouts, along with Rob Medicus (Master Gardner), will be joining us to help with our chores. In years past, we have typically been completed by noon. Items to be completed include: Removing debris from flower beds and grounds; trimming bushes, planting Marion’s garden, planting flower beds; mulch flower beds; washing windows; minor painting; parking bumper repair.

Tools Needed:

Hard and Leaf Rakes
Shovels (Flat & Digging)
Wheelbarrows
Hedge Clippers
Paint Brushes

Bldg & Grounds will provide:

Shrubs and flowers
Mulch
Chain Saw
Power Hedge Trimmer
Leaf Blower



Bagels, donuts and drinks will be provided. Hope to see you there!

MARION'S GARDEN



On **Sunday, May 22nd** we remember and celebrate Marion Shirkey with the dedication of her Memorial Garden immediately following worship. Afterwards, we'll continue the celebration with an awesome salad luncheon in Fellowship Hall.

Everyone is invited to bring a salad to share. Any kind of salad is great — vegetable, fruit, pasta, potato, protein — the only limitation is your imagination.

Care and Fellowship will provide drinks, breads and dessert. Please come and help us celebrate Marion and her generosity.



HoC Worship Commission Order Form

NRSV Large-Print Bible

Your Name: _____

Bookplate Personalization:

Bible to be placed by: (list all names; print neatly)

In Honor of:

or...

In Memory of:

Total Payment: \$ _____

(\$25.00 for each Bible)



"Hoppy"

The "HOP" Event

Submitted by Alex Oakes

On April 13, 2016

THE H.O.P.S VISITED THE WALTERS ART MUSEUM IN BALTIMORE

There have been several suggestions in the past couple of years for the HOPs to visit the Walters Art Museum that just never got much of an enthusiastic response. This year, however, reason won out & we made our way to Baltimore on a beautiful spring day. Well, what a surprise! The Walters is a place full not only old paintings but of examples of creativity from ancient to modern times. Our docent lead tour took us from ancient Egypt to the Renaissance in just two hours. It was a wonderful trip and we came away delighted to have discovered another local treasure.



Claire checks out Madam Pompadour's jewelry box.



Lunch at Sascha's completed the event.

Next month we'll celebrate spring at the Chanticleer Gardens on May 11th.

Heat Exhaustion:

Heat exhaustion is a heat-related illness that can occur after you've been exposed to high temperatures. It is often accompanied by **dehydration**.

There are two types of heat exhaustion:

- * **Water depletion**. Signs include **excessive thirst**, **weakness**, **headache**, and **loss of consciousness**.
- * **Salt depletion**. Signs include **nausea** and **vomiting**, **muscle cramps** and **dizziness**.

Although heat exhaustion isn't as serious as **heat stroke**, it isn't something to be taken lightly. Without proper intervention, heat exhaustion can progress to **heat stroke**, which can damage the **brain** and **other vital organs** and **even cause death**.

If you, or anyone else, has symptoms of heat exhaustion, it's essential to immediately get out of the heat and rest, preferably in an air-conditioned room. If you can't get inside, try to find the nearest cool and shady place.

Other recommended strategies include:

- Drink plenty of fluid (**avoid caffeine and alcohol**).
- Remove any tight or unnecessary clothing.
- Take a cool shower, bath or sponge bath.
- Apply other cooling measures such as fans or ice towels.

5 Things About Butterflies:

- ✓ Butterflies can be found fluttering around every continent except Antarctica.
- ✓ The insects feed on nectar and pollen from flowers.
- ✓ They taste with their feet—that's where their taste receptors are located.
- ✓ A butterfly's two eyes have 6,000 lenses each.
- ✓ Their wings are actually transparent and are covered with thousands of tiny scales. Light reflecting off the scales creates the colors and patterns we see.



Making Cents of a Dollar:

There are 293 ways of making change for a dollar.

How many different combinations can you come up with?

Insect Stings/Bites:

Don't try to pull out a stinger, as that may release venom. Gently scrape it out with a blunt-edged object, such as a credit card. Wash the area and apply an ice pack or cold, wet washcloth for a few minutes. Then apply a paste of baking soda and water for 15-20 minutes. Seek medical care for symptoms of an allergic reaction, including a large area of swelling, abnormal breathing, tightness in the throat or chest, dizziness, nausea or vomiting or fainting.

To remove a tick: Use tweezers to grasp at its head or mouth, next to the skin. Pull firmly until it lets go. Swab the site with alcohol. *Do not use petroleum jelly or a lit match to kill a tick.*

HOC CALENDAR — May Happenings



Sunday	May	1	11:00am	Communion Sunday, Pastor Bob preaching
Wednesday	May	4	11:00am	Outreach Commission
Wednesday	May	4	2:30pm	Care and Fellowship Commission
Wednesday	May	4	7-10pm	Newark Community Band Practice (Fellowship Hall)
Saturday	May	7	8:00am	Spring Clean-up Day at HoC
Sunday	May	8	11:00am	Jackie Taylor, Guest Pastor — Mother's Day
Sunday	May	8	12:00pm	Admin & Finance Meeting in Calvin Room after worship
Monday	May	9	6:30pm	Session
Tuesday	May	10	LOOKING TREE DEADLINE	
Tuesday	May	10	10:00am	Deacon's Meeting
Tuesday	May	10	6:00pm	Mission Commission
Wednesday	May	11	9:45am	HOP trip to Chanticleer Gardens
Thursday	May	12	7-9pm	Christine Manor Civic Assoc. using Fellowship Hall
Friday	May	13	12:00pm	Hope Dining Room
Sunday	May	15	11:00am	Day of Pentecost – Downton Abbey Tea after worship
Sunday	May	22	12:00pm	Dedication of Marion Shirkey's Garden & Potluck Salad Luncheon
Wednesday	May	25	11:30am	Nifty-Wifty @ Wesley's

CHOIR PRACTICE — THURSDAYS — 7:30PM



May Birthdays



- May 1 Christine Sutton
- May 4 Russell Holland
- May 9 Jeanne Hastings
- May 13 Betsy VanCulin
- May 21 Amy Uffelman
- May 27 Bill Witt

