



# The Looking Tree

*Love lives here, Love flows from here...*

June 2015

**Hello Members and Friends of Head of Christiana,**



Rev. Bob Undercuffler  
Pastor

**Just imagine what Head of Christiana Presbyterian Church will accomplish as we trust God ... and trust ourselves through whom God works. Yes, that may be a little scary, perhaps. But faithful to our church and to our community.**



## **Summer Activities with HoC and Local Girl Scouts**

**What is Planned?** On Tuesday evening June 23, 2015, Head of Christiana will host a Sing Along for area Girl Scouts. Lindsay Satterfield will lead us in singing popular campfire and traditional Girl Scout songs and will include guitar and musical accompaniment. The evening will be an opportunity to have fun and meet with friends, as well as to make new friends. All who participate will earn a girl scout Sing Along patch, as well as a Head of Christiana patch. The evening's festivities will conclude with roasting S'mores around the fire pit, weather permitting. The Sing Along will be advertised by the Chesapeake Bay Girl Scout Council to local area scouts, and will serve as an introduction to a five week "adventure" at Head of Christiana where, in addition to singing, the girls will be given opportunities to earn several badges and the "My Promise, My Faith" pin. Girls will be able to sign up for the five week series the night of the Sing Along. The five week series will run every Tuesday in July from 6:30pm – 8pm and on August 4. Each session will also include a snack time and a choral activity, led by Lindsay.

**How this Came About.** Shortly after our congregation's successful March 8, 2015 Girl Scout Sunday, we recognized the power of our growing connections with the Girl Scouts, and we are impressed that the Girl Scout Council is aware of HoC's willingness to work with them to provide additional experiences for the girls and their leaders. Merit badges are being identified that bridge the ages of Daisies, Brownies, Juniors and Cadet's.

### **There is a place for YOU to assist.**

Soon leaders will describe and publish the leadership skills and interests needed – and believe me, there will be something for everyone. As we define badge requirements, we will have a better idea of the types of assistance desired, and will circulate a list. And we can all be praying for the success of this venture. Stay tuned...

Blessings,

*Bob*

## HOC DIRECTORY

*Nancy Crawford*

I don't know where the time goes, but it's time to publish a new, updated HOC directory. It's due to be out in mid-June, so I need to get the revisions by May 31<sup>st</sup>. Kay Wood has been coordinating this effort for me. There is a copy of my own personal 2014 Directory on the table in the Narthex for you to review. You will see it already contains some changes that have been received since it was last published. Please take a minute to look at your information to make sure it's correct...feel free to add email addresses or cell phone numbers if you want them listed, or to remove something you don't want listed. Make sure you print neatly so your change can be read clearly. If you know a friend's address information has changed and they are unable to come to church, feel free to make the revision (as long as you know it's correct)...or phone it in to me. Thank you so much for your help with this. The new 2015 Directory will be emailed to those of you who have computers, and hard copies will be made available for those who need a printed copy.

## OUTREACH COMMISSION

*Alex Oakes*

### ELKTON COMMUNITY KITCHEN...

Head of Christiana Presbyterian Church has a rich history of helping to feed the homeless at this annual event, so **Mark your calendars now!**

On **Friday, June 26<sup>th</sup>** volunteers from Head of Christiana will be serving lunch at the Elkton Community Kitchen. Your Outreach Commission will be planning and organizing this effort, and knowing what a great group of volunteers we have here at HoC, we hope you'll be lending us your helping hands at this rewarding event.

**There will be a planning meeting in the Chapel Room on Thursday, June 4<sup>th</sup> at 4pm.** Please join us so you can hear our plans and lend your support. Please mark your calendars with these important dates.



## CARE & FELLOWSHIP

*Jeanne Hastings*

**Beginning June 7<sup>th</sup>, Sunday worship services will begin at 10am.**

Please consider hosting a coffee hour this summer—there are lots of open dates (just check the sign-up sheet in the preNarthex). Care and Fellowship would like "simplicity" to be the theme for coffee hours this summer—a batch of cookies and a pitcher of lemonade, or popsicles, or a watermelon or ----- (you fill in the blank). Coffee is not even required! Remember that the most important part of coffee hours is the company and the conversation, not the food.

Save the date for our special **Father's Day coffee hour—June 21<sup>st</sup>**. Please help us honor the special men in our church.

## GETTING TO KNOW YOU

### Meet Alex Oakes

I was born in Yeadon, Pa. We moved quite a bit when I was young but spent the most time in Marple Township which I consider “where I grew up”. I met my wife, MaryLou, in Marple-Newtown High School and we’ve been together ever since. She was Lutheran, I was Episcopalian, and we ended up Presbyterians...Go figure.

After High School, I enlisted in the Army and was fortunate enough to receive electronics training that led to a lifelong career. After being discharged from the Army I was hired by the NCR Corporation to service their early electronic accounting machines. I retired as Service Manager of the NCR Cherry Hill, NJ branch in 1997 and then went on to manage the service operation for a company that sold ATMs to banks until final retirement in 2012. As such, I was a witness to the evolution in electronics from vacuum tubes to microprocessors. It was an amazing time.

Along the way, MaryLou and I were married and raised two children, a son and daughter named Brian and Laura....”A rich man’s family,” I’ve been told, but I’ve never been told why. Because of my job we too moved around a lot and have resided in several different states as close as Pennsylvania and as far as Colorado, but mostly in the Delaware Valley. We now have three grandchildren, all living near Los Angeles, whom we love to go visit, especially when the worst of winter hits Delaware. We’ve decided, as Garrison Keillor of the *Prairie Home Companion* would say, “the children are all above average.” Naturally this means my grandchildren.

I’ve had a number of hobbies over the years, from spelunking to photography, but my first love is sailing, which I learned to do fifty years ago when I bought a \$50 sailboat. I love the challenge of making the boat move with the wind, and the solitude of a quiet anchorage when no one is around. My wife has been a wonderful partner in this and encouraged me to move to Delaware from New Jersey after retirement so we could be closer to the Chesapeake Bay. Little did we know that upon arrival we would discover another treasure called The Head of Christiana Presbyterian Church.

*Alex is currently a ruling elder, serving as chair of our Outreach Commission and leading the Happy Older Presbyterians (HOP) group.*



## SING FOR YOUR SUMMER...(Not Supper)

Mark Mankin

If you’ve envisioned yourself all the way up in front singing with the choir, you now have a chance to experience that joyous feeling of belting out a hymn, by joining the “pick-up” choir each Sunday morning this summer.

You don’t need to practice up now, unless you want to, as Lindsay, our choir director, will take everyone who has the interest, and will guide them to mold together with other interested members into a signing force. You don’t want to miss the chance to be mentored and encouraged by our extremely talented choir director, assisted by our own talented organist, Linnea.

There is only one requirement to become an instant member of the pick-up choir, you must make the commitment to be at Church by 9am sharp to practice for the 10am summer worship hour beginning on **Sunday, June 21st**. So get ready to make a joyful noise and plan to join in!





Last month the Outreach Commission announced three worthwhile events coming up so you can save the date and plan on attending. The first is this outstanding opportunity to be entertained by the ever-popular Newark Community Band...



**Wednesday, July 15 @ 7:00pm**

## The Newark Community Band Evening Concert Under the Trees

Back by popular request, the Newark Community Band will once again fill the air at Head of Christiana PC with amazing music that everyone can enjoy! Bring a lawn chair or blanket. And yes, the Moo Mobile will be back!!!

# CHRISTIAN EDUCATION PRESENTS...

Betsy VanCulin

## Mission: Discovery Continues...

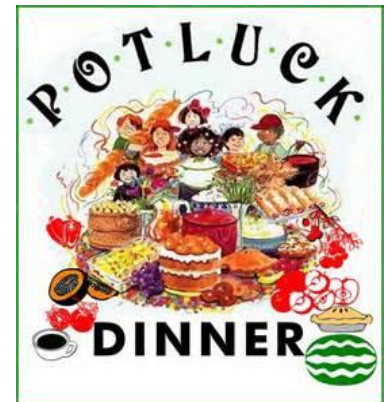
on July 9<sup>th</sup> and 10<sup>th</sup>

Thursday, July 9<sup>th</sup> from 5:30pm to 8:30pm there will be:

- ▶ A Pot Luck dinner for ALL of God's Children — Please bring a side dish or dessert...
- ▶ Sloppy Joes will be provided!
- ▶ Classes for children, youth and adults.

Friday, July 10<sup>th</sup> at 11:45am, the youth will serve lunch at Hope Dining Room followed by an activity at HoC, and finally ending with a sleepover.

Please plan on joining us as we discover God's love through mission at Head of Christiana!



# Summer Worship Hours start Sunday, June 7th. 10:00am



Contact Steve Graham at (302) 368-3794 to schedule an appointment. This is a free service for Head of Christiana members.

## NOTICE FROM "THE PARISH NURSE"

Pat Undercuffler

### 120/60? or 150/90? BLOOD PRESSURE NORMALS

When your heart beats, it contracts and pushes blood through the arteries to the rest of the body. This force creates pressure on the arteries. This is the systolic blood pressure; it is the top number of the writing of your evaluation.

The diastolic blood pressure – or number on the bottom of the writing of your evaluation – indicates the pressure in the arteries as the heart rests between beats.

In the past years, we have, through medication, tried to keep both numbers – systolic and diastolic—low. However, because our vessels lose elasticity as we age, the systolic (top number) will increase. As we medicate to control our blood pressure,

occasionally the diastolic decreases as the systolic raises. A wider pulse pressure is not particularly a good thing, and should be reported to your primary care physician.

New perimeters for readings of our blood pressure has loosened lately. For those of us who are over the age of sixty, a good blood pressure reading is 150/90. For those over sixty, with diabetes and or kidney disease, a good blood pressure reading is 140/90.

If you do not have a blood pressure cuff, and would like to have a pressure evaluation, ask Pat Undercuffler to take your blood pressure. If you are supposed to have a reading on a regular basis, talk with her about doing that while others are at the social time after church service. It would be best, for a lower reading, to do so before you drink any coffee at the social time.



## MORE GRADUATES

CONGRATULATIONS to these additional graduates from our HoC family...

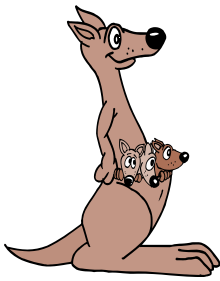
**Joseph Michael Roeske**, grandson of Margaret and Russell Holland, graduates from Virginia Polytechnic Institute with a B.S. in Biological Systems Engineering.



**Josiah (Joe) S. Womack**, grandson of Lillian and Ed Crispin, graduates from James Monroe High School in Lindside, WV. This summer Joe will matriculate into the Virginia Military Institute.

**Morgan Dudkewitz**, granddaughter of Ruth Cox, graduated Drexel University Magna Cum Laude. She will continue her law studies in California.

Congratulations and Best Wishes to all our graduates.



"Hoppy"

# THE "HOP" EVENT

## CAMELOT

If you missed *The HOP Event* in the May *Looking Tree* it was because the April Hop Event took place AFTER the cut-off deadline for the *Looking Tree*. This edition now puts us back on track, so there should be no further omissions. We appreciate your understanding.

April's HOP trip took us to the stately and elegant DuPont Theater in Wilmington (now known as the Playhouse on Rodney Square), to see King Arthur, Guinevere and Lancelot in the play *CAMELOT*. It was a packed house, but Kay Brook made sure that we all had excellent seats. It was a fun day!



Our next trip (May 15) took us to Mt. Cuba for a guided tour of the gardens at the perfect time of year! Look for highlights in the July issue of *The Looking Tree*!



# Lenten Egg Hunt and Easter Egg Roll

## Christian Ed

The Lenten Egg Roll (top) and the Easter Egg Roll began by reviewing the Easter Story through scripture. Then the Lenten Egg Hunt took off. They found eggs that had symbols from the season of Lent (i.e. bread, wine, donkeys, roosters, nails, stones, even empty eggs!) They had to put these in the order they happened according to scripture.

After that, an Easter Egg Roll to test their skills. They tried to roll their candy-filled eggs as close as possible to the bunny on the stand. You can see how close they got, but Sophia managed to actually roll hers up on top of the stand! Good job!!!





# 2015 Triple Crown Trail Race





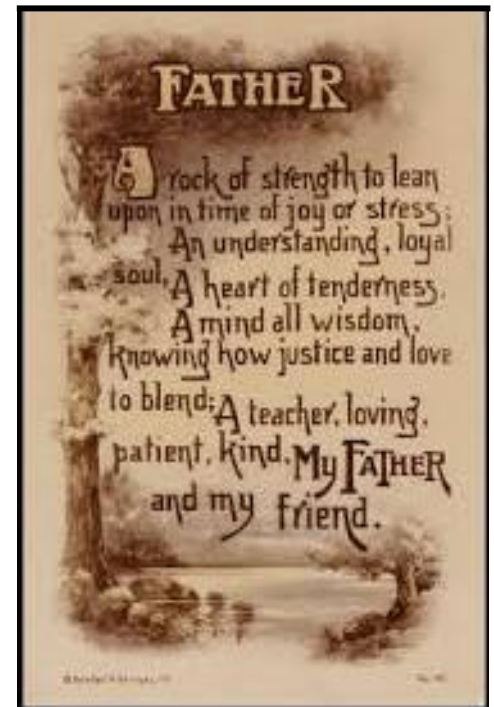




# HOC CALENDAR — May Happenings

Save  
the  
Date

|                |            |           |                            |   |
|----------------|------------|-----------|----------------------------|---|
| Monday         | Jun        | 1         | 7:00pm                     | Admin & Finance Commission                |
| Monday         | Jun        | 1         | 7:00pm                     | Building & Grounds Commission             |
| Tuesday        | Jun        | 2         | 6:00pm                     | Mission Commission                        |
| Wednesday      | Jun        | 3         | 4:00pm                     | Care & Fellowship Committee               |
| Thursday       | Jun        | 4         | 4:00pm                     | Elkton Community Kitchen Planning Meeting |
| Thursday       | Jun        | 4         | 5:00pm                     | Legacy Task Force Meeting                 |
| Monday         | Jun        | 8         | 6:30pm                     | Session                                   |
| Tuesday        | Jun        | 9         | 9:00am                     | HOP trip to Tyler Arboretum               |
| Wednesday      | Jun        | 10        | 11:00am                    | Outreach Commission                       |
| Friday         | Jun        | 12        | 12:00pm                    | Hope Dining Room                          |
| <b>Tuesday</b> | <b>Jun</b> | <b>12</b> | <b>NEWSLETTER DEADLINE</b> | <b>(for June)</b>                         |
| Sunday         | Jun        | 21        | HAPPY FATHER'S DAY         |   |
|                |            |           | 12:00pm                    | Father's Day Coffee Hour                  |
| Wednesday      | Jun        | 24        | 11:30am                    | Nifty-Wifty @ Wesley's                    |
| Friday         | Jun        | 26        | 10:00am                    | Hoc Serving Lunch at ECK                  |



## June Birthdays



|         |                  |         |                    |
|---------|------------------|---------|--------------------|
| June 1  | Sallie Christian | June 14 | John Brook         |
| June 1  | Michael DePaul   | June 16 | Ciella Murray      |
| June 1  | John Slack       | June 16 | Lew Riess          |
| June 3  | Carol Cole       | June 17 | Deborah Harper     |
| June 4  | Ronan DePaul     | June 19 | Sarabeth Gillespie |
| June 6  | Jim Sawyer       | June 21 | Jessie Baldwin     |
| June 7  | Jim Herrington   | June 25 | Elisabeth Gallaher |
| June 9  | Kristen Riess    | June 25 | Al Harper          |
| June 10 | Clarence Cox     | June 29 | Mary Lou Oakes     |